

MIND based Healing

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CLIENT DISCLOSURE DOCUMENT

I, Eva M. Clark, agree to provide professional services in accordance with acquired training and experience. I am not a licensed physician, I am not qualified to prescribe medication, diagnose medical or psychological conditions, or treat mental disorders. I use hypnotherapy, NLP, and parts therapy together to help my clients achieve freedom from restrictive thoughts and limiting beliefs, to assist in solving personal problems, develop motivation and to achieve goals. I may teach the client self-hypnotic techniques as well as provide personal hypnotic recordings to assist in achieving their goals and resolve issues.

Hypnosis is not a state of sleep, but a natural state of mind that can produce extraordinary levels of relaxation of mind, body, and emotions. Hypnotherapy is based on principles and theories of accessing and utilizing the power of one's inner resources. Techniques used help to transcend the critical/analytical level of mind, and elicit information and insights from the inner mind. The Hypnotherapist utilizes interviews, discussion and hypnotic methods to deal with underlying issues with the goal of achieving effective and lasting results.

I, Eva M. Clark, MA CCHt, have acquired the following education, training, experience, and qualifications to perform the services offered to my Clients:

Clinical Hypnotherapy and Medical Hypnosis Training. More than 500 hours of Hypnotherapy training specializing in Autoimmune Disorders and Chronic Pain. Certified by the Institute of Transpersonal Studies and a Member of the American Hypnosis Association.

Master NLP Practitioner and NLP for Health Practitioner. More than 300 hours of training.

Certified Life & Business Coach. More than 450 hours of Coach training. Certified by the International Coaching Federation.

Parts Therapy Studies. Training in Voice Dialogue, Gestalt Therapy, and Psychosynthesis techniques.

In practice in Santa Cruz since June of 2011 and Monterey since 2014 and San Jose since 2015, with over 750 client hours.

I, the undersigned Client, acknowledge that I have been advised of the foregoing information, and that I have been given a copy of this "Client Disclosure Document".

Client's/Guardian's Signature _____ Date _____

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